



Cathedral Primary School Community News



CPS Community News - w/c 23rd March 2020

A message from Mrs Yarnold

Dear Parents/Carers,

Welcome to our new updated newsletter. We will be sending you all a weekly newsletter during term time so that we can all keep in touch.

I would like to begin with thanking you all for the kind messages you have sent to school. This has been a time of change for us all and I have been really grateful to our wonderful school community who have embraced these changes with such positivity. The children have blown me away with their work and messages. I am delighted with how our families have embraced the online learning activities. A huge thank you to our staff who are being so creative in their planning and are supporting you to home school. We understand that every family will have particular circumstances and demands with more people working from home e. g access to computers and the internet. Please do contact us if you need support.

Miss Lloyd set a whole school art challenge at the beginning of this week. There will be a weekly art project set and we will be sharing highlights from this project on the Instagram *cathedralprimaryart*. Please do follow us and look out for examples of the projects that will be shared. We are also planning to set some other whole school projects over the next few weeks which are linked to different curriculum areas.

As this period of time is uncertain we will keep in contact with you as much as possible. You may well receive an email or phone call from a member of staff to check in on how you are getting on with home learning. This new way of learning may need to be refined to meet the needs of individual children. Please do feel empowered to make decisions about routines and expectations that are relevant to your child. We will also be sending some emails out with certificates for children this week as so many children have produced excellent work.

Each week I will share a top tip with you, I hope you will find them useful.

I hope that you and your families are keeping well. Please stay safe and look after each other.

Kind regards,

Mrs Yarnold

Top Tip

Create schedule together, routines will be so important. Decide and agree on your day. During the school day children are used to physical breaks, playtimes and times to chat, include these on your plan. Make sure you plan in some reward time and quiet reading time. Agree where it is best to do your work in the house and make sure there are few distractions. Finally, make sure you review your schedule, what worked well? Do we need to make any changes?



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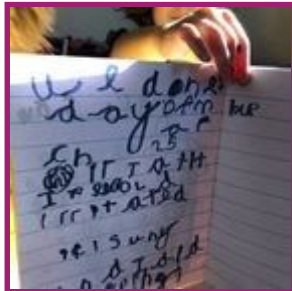
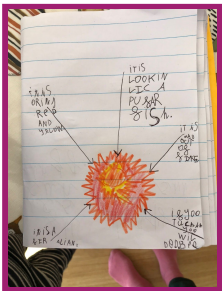
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Reception

The Reception Team have been blown away by the amazing responses we have received on Seesaw and Tapestry this week. You are all working so hard and impressing us with your home learning. I particularly loved the incredible colour wheel art challenge, seeing your daily diaries where you have told us how you are feeling (my favourite emotion of the week captured in the image was feeling irritable!) and we have loved all of your inventive character and setting designs.

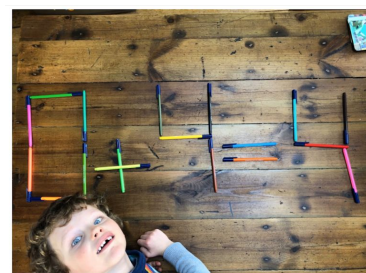
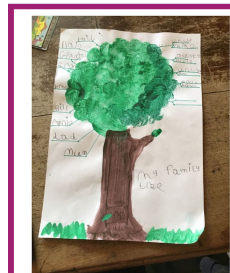
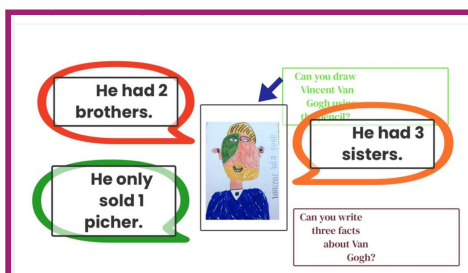
Keep up the hard work next week Reception and keep making us smile!

Love, Mrs Perryer and Mrs Morris.



Year 1

Our home learning has been fantastic this week. The children (and families) have really risen to the challenge and we have been impressed with the originality, creativity and enthusiasm of Year 1. The daily story has been a huge hit and is sure to become a daily tradition along with fancy dress Friday! The children have been great at exploring a traditional tale and have continued our learning in this area from when we were at school. We are all continuing to secure and develop our counting in tens knowledge. We have started our exploration of Van Gogh and the children have begun by making fact files. We have loved seeing children try the Art and Maths challenges and feel really proud of the year 1 entries!





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Year 2

Well done Year 2 for your amazing effort with all the activities on Seesaw. You continue to amaze us with your learning even if it's not in our classrooms! We were particularly impressed with your Tudor houses.

We can't wait to see what you get up to next week.

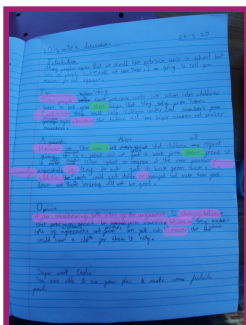


Year 3

What a fantastic first week of Seesaw it has been! We have loved seeing you and your work this week. It has taken a little bit of getting used to (for you and for us!) but we're getting there! Seeing your videos and photos of work has really made us smile - keep them coming! We have been particularly impressed with your discussion writing. It must be a little strange doing it at home but the writing you have produced has been excellent! Keep it up!

Your colour wheels have been beautiful too; you have used your creativity and imagination to come up with some super ideas.

We can't wait to see what wonderful work you do next week!





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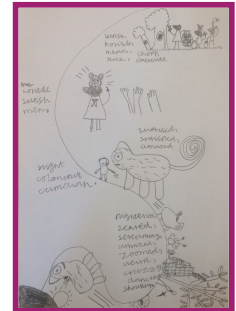
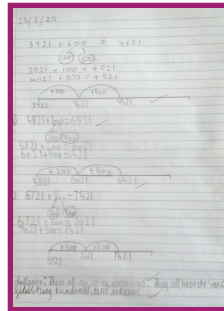
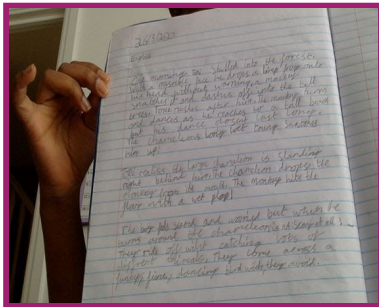


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Year 4

This week we have been basing our writing on the video Ride of Passage. There have been great opportunities to practise our expanded noun phrases and fronted adverbials. In maths, we have been revising some of the strategies we use for addition and staying fluent with our column addition. We've also had some great responses to the maths problems solving challenge and the whole school art challenge.

Keep up the good work Year 4.



Year 5

It's certainly been a rollercoaster of a week! That being said, I have been so impressed with the fantastic learning that Year 5 have continued to do, despite the extenuating circumstances. We have been conducting Science investigations, creating beautiful artwork, making music and writing super stories (literally - they are about eco superheroes).

I would like to say a big THANK YOU to the amazing children in my class and also the parents for their support.





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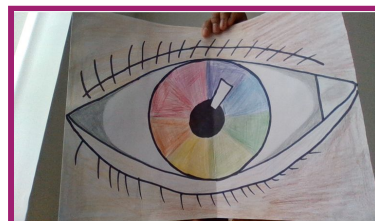
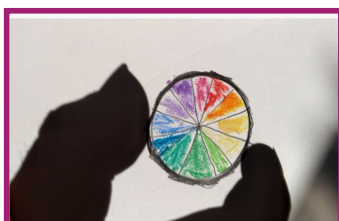
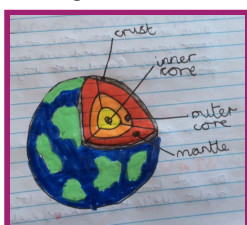


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Year 6

It's been quite a funny old week but so enjoyable! I've loved hearing from all of you and seeing so much creativity! There's been lots of questions, and blank pages and mistakes being made (mostly by me!) but that hasn't stopped the positivity and giggles! Every one of you has gone above and beyond with your learning and although we are in quite a unique situation, I've enjoyed this week, having the chance to message so many of you and keep in touch.

I cannot wait to continue reading your stories - every day you leave me on a little cliff hanger and I'm itching for the next bit! I am so proud of you all



Pastoral Team

Maintaining some form of routine is good for our mental health

Below is an example of a daily schedule.

Before 9am	Wake up	Eat breakfast, make your bed, and get dressed.
9:00-9:30	PE lesson with Joe wicks	Tune into his YouTube channel for a morning exercise routine
9:30-10:30	Academic time	Complete an activity from the home learning book or seesaw.
10:30-11:30	Creative time	Be creative in any way you can!
11:30-12:00	Family time	Play a game, watch the tv, read a book.
12:00-1:00	Lunch time	You could make lunch together. Go outside have some fresh air.
1:00-2:00	Academic time	Complete activities from your home learning book or seesaw
2:00-2:30	Quiet time	Puzzles, reading, playdough, quiet games
2:30-3:30	Afternoon fresh air	Go for a walk or play outside
3:30-5:00	Free time	
5:00-6:00	Dinner	
6:00-7:00	Chill time	
7:00-8:00	Bedtime	





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SEND

Visual Timetable

As things are slightly unusual at the moment, I thought it might be useful to share a strategy that we use throughout Cathedral Primary School to help the children understand their day.

We have a visual timetable in every class to give children a reminder of what is going to happen throughout the day. This shows children the structure of the day, helps them feel secure and removes anxiety. If your children are finding it hard to engage with learning at home, you might want to give a visual timetable a go. If you have a printer, there are lots of free visual timetable resources on Twinkl, or your child might like to make their own.

Children love to be involved with putting up the visuals at the start of the day and taking them off the timetable once the activity has been finished.

The timetable for a whole class might look like this (whole day)



For children who find it harder to focus for long periods, find it difficult to sit still, or have to put in extra effort to overcome barriers to learning, we use an adapted timetable. This would have extra breaks for physical activities, relaxing activities, playing games, drink or snack breaks, etc. The amount of time the child spends on academic work is reduced and broken up into smaller chunks. They may not complete everything that other children in the class do, or be doing different activities. This is ok as they are still learning.

An adapted timetable for a child in the same class might look like this (morning)



If a child finds it difficult to start learning activities, or change activity, we use a now, next and then board. This would show them what they are doing already (now), the learning activity (next) and another activity we know they enjoy (then). We might also use a timer - sand timer or ipad timer so they can see when each activity will finish.

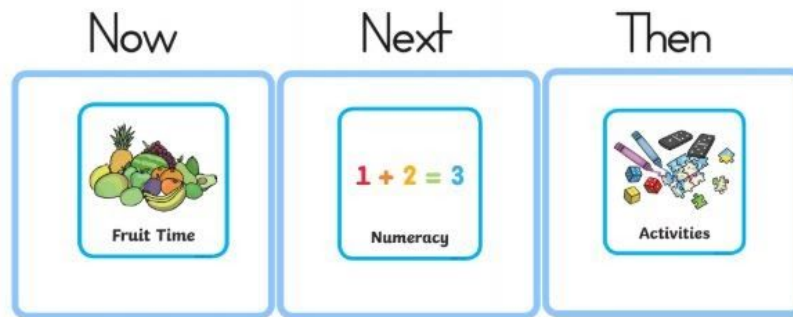


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A now next and then board might look like this



Please remember that we are here to support you with helping your child to learn. If you are worried that your child is not accessing the learning that is coming home, you can email me at senco@cathedralprimaryschool.org and either myself or another member of staff will get in touch.

Music News

It has been a challenging and yet rewarding week and I have been so impressed with some of the Music videos sent in as part of the childrens' home learning. Particular mention goes to Bella Archer and Josie Almond for their super versions of Bob Marley's 'Don't worry about a Thing' performances. Special mention also goes to Thandar Glydon for her beautiful piano playing and Etana Coleman for her 'impeccable sense of rhythm' whilst performing a Samba percussion piece! It is lovely to receive video evidence of music making at home, so please keep practising and sending them in!

As I am sure some of you are aware, this week Gareth Malone launched his 'Home Malone' project. He is calling anyone who likes singing to learn some songs that will shortly be put online, for families/ children/ grown ups to learn. The idea is that people upload a video of themselves singing these songs and send them to Gareth. He is then going to use the videos to form a kind of 'virtual choir performance.' Given the enthusiasm, and talent for singing of many of our Cathedral Primary School students, I would urge you to encourage your child/ yourselves to take part in this if you can!

Here is the link with Gareth's announcement <https://www.bbc.co.uk/newsround/52008166>

Well done everyone and keep up the good work!

Helen Peat (Music Co-ordinator)



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Forest School

We hope you have all had a good week and have been able to get out in the sunshine with your children. It is so important for all our health and well being to spend time outdoors obviously the current situation limits this opportunity, however please try to spend some time each day outside, whether it be a family exercise walk in the park or woods or just playing in a garden.

We have attached some links to Forest School/ outdoor activities you can try with your children or explore your own ideas. Building dens, mud pies, flower pressing, painting, drawing, bug hunts, bows and arrows, skipping, the list is endless.

Please take this opportunity to rediscover these wonderful activities with your children, you will get so much fun from them.

<https://www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/>

<https://www.theschoolrun.com/diy-forest-school-activities>

<http://www.wildforestschool.org.uk/resources>

<https://www.pect.org.uk/projects/natures-school/>

Best wishes

Jon and The Forest School Team

From the Office

We have been informed that some parents at others schools have received an email like this:

'As schools will be closing, if you're entitled to free school meals, please send your bank details and we'll make sure you're supported'.

This is a scam email - do not respond, and delete immediately.

Mumps.

We have now had 4 confirmed cases of mumps in school in the past 2 days. Below is a link to the NHS website for guidance and the symptoms to look out for.

<https://www.nhs.uk/conditions/mumps/>