



Cathedral Primary School Newsletter



'Many Voices, One Harmony'

Newsletter No.6 - February 2022

A message from Mrs Yarnold & Mrs Gerolemou

Dear Parents & Carers,

I hope you had a good half term break, after the abrupt end to term! February was an exciting month for us at school and this term has already been filled with fantastic activities and opportunities for the children. At the end of last term we had our Values Assembly in the Cathedral - it is always so lovely for us all to come together in such an amazing space. Year 4 had a trip to Underfall Yard as part of their Water topic and have celebrated St David's day this term by creating their own designs for Welsh Spoons - they look stunning. Year 3 continued with their Egyptians topic and made some fantastic scarab beetles. We were also excited to see a Guide Dog in school this week visiting Year 2. Earth week was a great success. In the pedometer challenge, the combined total of all year group's steps was 4,273,656 - approximately 2136 miles, which might just get the children to Cairo! You can read more about that below.

I also wanted to mention our school orchestra who have been meeting each Thursday. They are all so supportive of each other and it is brilliant to see the progress they are making! I am sure you will be pleased to hear that our forest school site survived the storm with only minor damage, but I also wanted to thank our amazing forest school team for spending the time at the site, clearing, repairing and making it safe for the start of term.

This term in celebration of World Book Day, all year groups participated in a poetry workshop about book characters and we created our own school poem. Thanks to you all for helping us to celebrate this special day with costumes and to our wonderful staff, who once again did not disappoint in their enthusiasm for dressing up!

Best Wishes

Sara Yarnold, Louisa Gerolemou and the CPS Team

Safeguarding



We have been talking to the children about the importance of feeling safe at school. This has included sharing a problem or worry with a trusted adult. Each class has this poster on display:

Who can I talk to?

If you ever need to talk, find an adult you can trust.



Deputy Head or Headteacher



The Pastoral Team



An adult from our school community.
This could be a Teacher or Teaching Assistant



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Pastoral Team

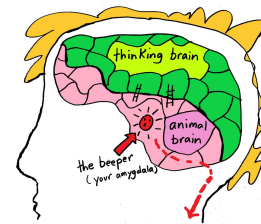


Fight, Flight or Freeze

What happens inside our brains when we feel very angry, worried or upset?

This term we are introducing the children to the story of Ug and his family.

Ug's animal brain keeps him safe. It has a warning beeper inside called an amygdala. This sends a warning to Ug's body if there is danger. It sends special chemicals to his body making him ready for trouble. The special chemicals make him want to fight, run, or hide. Ug's family all have beepers (amygdala) in their brains helping them to stay safe and warning them of danger. Ug uses amazing strategies when his beeper goes off to help get his thinking brain working again.



From the Office

Covid-19 Update ➤ As mentioned in the email sent out this week, CPS will continue to follow the government guidelines and we strongly recommend that if your child tests positive for Covid-19 you should follow the guidance above and keep them at home for 5 full days, testing them on day 5 and day 6 to confirm a negative test result before they return to school.

Other illnesses ➤ Please remember to report all absences/illnesses to the school office before school each day that your child is absent from school. This can be done on the school absence line (0117 353 20 52 option 2) or an email to the admin email address (admin@cathedralprimaryschool.org). For vomiting & diarrhea your child's needs to remain at home for 48 hours from the last bout. For chickenpox, your child needs to remain at home until all the spots have formed scabs and crusted over.

Earth Week



The children had a fantastic time celebrating Earth Week across the school at the end of Term 3.

This year's theme was Positive Action, and many positive actions took place across the school all week, despite being a little cut short due to the storm! The Reception children did a fantastic job of weeding and tidying the area down towards the bike storage to get it ready for planting. Thanks to the Woodland Trust, we now have a damson, pear and apple tree growing there, and there are plans to grow herbs and vegetables

Year 6 attended a thought provoking workshop with Dr Verity Jones from UWE focusing on the issue of fast fashion. The Year 6 pupils found out more about where our clothes come from and everyone had the opportunity to sew a button onto a piece of fabric.



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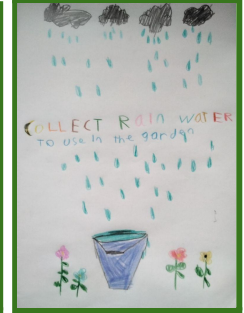
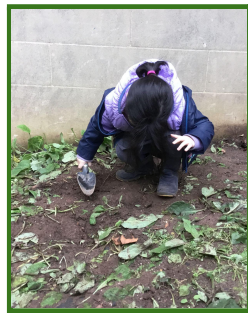
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Years 3, 4 and 5 got busy walking and counting their steps with the Pedometer Challenge from Bristol City Council, and Year 4 also looked at ways they could save water.

Year 2 created some amazing posters and artwork stating the actions that they will take to have a positive impact on the planet.

The non-uniform '**Wear Green**' day had been rescheduled for the last day of Term 4, Wednesday 6th April and we are also hoping to re-schedule a visit from the author Sara Louisa, who had planned to read her story 'Bettie Honeybee' to the Reception and KS1 children.



Year 2 Highlight

Last term Year 2 had a full day of immersive activities to deepen our understanding of The Great Fire of London. We used drama to recreate the events of the Fire and to understand how the people of London must have felt during the crisis. We then designed 17th Century houses and created them using junk modeling, using masking tape to make strong joins. We sang London's Burning and looked at an artifact depicting the Fire, to identify what we could see happening. We discussed Samuel Pepys, and why his diary is so important to our understanding of events at that time. The children all made a brilliant effort with their costumes and threw themselves into the day with great enthusiasm!



CPS PTA

We are currently working towards our AGM which is going to be held later this month. Look out for an email from us soon with full details.

All the best
CPS PTA